MARCH 2025





March Newsletter

CANADA SUMMER GAMES 2025 TEAM TRIALS

Calling all athletes Born in 2007-2010 Team trials will be held in Saskatoon, SK May 10th & 11th



CSG Technical Package link



<u>Saskatchewan Winter Games</u>



is February 2026 Host Society in Flying Dust First Nation and Meadow Lake

Time to get Ready~!

Eligiblilty: Athletes are 13 – 16 Years of Age **Year of Birth:** 2010 - 2013

Number of Competitors per District: 6 Male and 6 Female

More information contact the Sask Wrestling office info@saskwrestling.ca

Coach and Manager Expression of Interest SWG <u>CLICK HERE</u>



Newsletter Highlights

- Provincials 2025
- Sport Science and Medicine
 Series
- Results Links
- Canada Games Team Trials
 Dates
- Winter Games Expression of Interest Form

Policy Updates

Sask Wrestling Award Policy

Award Policy

Updated: Officials Development Program Policy

<u>Link to Officials Development</u>

 <u>Policy</u>



(SS)

Santioned Events Request Form

Please fill out form to let us know you are having a event **this summer**

<u>https://forms.gle/4jEaB7x9YngZ3yrm7</u>





Saskatchewan Provincial Championships 2025

<u>U15-Masters</u> Host: Junior Huskies Saskatoon Saturday March 15 Freshie-Peewee Host: Swift Current Wrestling Club Swift Current Saturday March 22

Intent to Wrestle Freshie- PeeWee:



Event Results

- SHSAA City Championship Results
- RHSAA City Championship Results Link
- Regional Results <u>Link</u>

Sport Science & Medicine Workshop Series

The Sport Science and Medicine Series has come to a close for the season. We hope all that attended have gained valuable knowledge and will use this information in their future competitions and training. We would like to Thank Vanessa for arranging this series for all athletes and coaches.

Save the Date

Sask Beach Wrestling Championships July 26,2025 Regina More info coming soon

REMINDER

2024-2025 MAP Follow-ups

Clubs may submit their follow up form and reciepts to the office to receive thier MAP funds

MAP Follow up form

Want to have something ADDED to the monthly news letter ?? Email Angela or Wendy to get it added.

Angela Cromarty Interim Executive Director (306) 975-0822 info@saskwrestling.ca Wendy Marcotte Grassroots Technical Director WendyMarcotte@saskwrestling.ca (306) 314-3052 MARCH 2025



CONGRATULATIONS

Sask Wrestling is proud to announce the following award winners for Future Best Funding from Sask Sport

> Sueanne Harms \$3600 Sierra Mullins \$1500 Caitlin Clatney \$1500 Donovan Neuwdorf \$1500 Alek Eisler \$1500 Andrew Johnson \$1500

Attending Nationals ? Technical Package is now available here

> Link U15-U17-U19 April 25-27 Tsuut'ina Nation, AB

Link Cadet Junior Senior May 29-31 Edmonton, AB

<u>**Coaches that are requesting an excemption from WCL need to fill out</u> <u>this form found in Appendix A in Tech Package</u>

** ** ** **



<u>Interested in being an</u> <u>Athlete Representatives</u> <u>(M/F)?</u>

Athletes looking to be an Observer (non voting member) to the Board of Directors as per our Bylaw Article IV 4.3a)

If there is more than one athlete per gender interested, a vote will take place a Provincials on March 15

Please email Angela at the Sask Wrestling office your name and more details. info@saskwrestling.ca

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Sask Wrestling will be hosting at Technical/Tactical Course

DATE: Saturday April 12- 8:30-5:30pm IN GYM training IN CLASS 3 hr session: To be determined LOCATION: Regina Sports Performance Centre FACILITATORS: Ron Gonzales, Eric Horntslager, Shane Bradly MASTER FACILITATOR: Gord Sturrock- BC COST: to be determined soon Required to have all three NCCP courses prior to attending this course. See WCL Coaches newsletter below or side bar

Pathway information for NCCP Technical and Tactical Course

WCL- Coaches Newsletter CLICK HERE

Upcoming NCCP Courses link with Coaches Association of Sask <u>CLICK HERE</u>

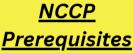






Expression of Interest Technical and Tactical Course





WCL Basic Mental Skills NCCP Planning a Practise WCL Teaching and Learning

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