JANUARY 2025



SASK Est. 1968 WRESTLING

Newsletter





NCCP Coach Training

Are you interested in becoming a Wrestling Coach?

We are excited to announce we will soon be hosting a **Technical and Tactical Coaching Course this year - Date to be determined.** We are hoping to have over 40 coaches take part in this course and we are working with WCL and our facilitators here in Sask to set up a date. In order to take the **Tecnical and Tactical Coaching Course** you need to first have these 3 prerequisite courses:

- 1. NCCP Planning a Practise Jan. 13th @6pm Jan. 14th @9pm or Feb. 19th @6pm - Feb. 20th @6pm
 - 2. WCL Basic Mental skills Jan. 27th @ 5:30pm 10pm
- 3. WCL Teaching and Learning Feb. 11th @6pm Feb. 12th @8pm

We strongly suggest registering for these classes **ASAP** to ensure you can take the Technical and Tactical course. The **prerequisite courses** can be found on the NCCP Locker- If you do not have a Locker Number it is fee of charge to Register.

REGISTER HERE: SaskCoachNccpTraining



Other items you will need to be a SW Coach:
Criminal BackGround Check- Vulnerable Sector Check
Respect in Sport- Free Click here

 $\underline{\text{If}}\ \text{you}\ \text{are}\ \text{interested}\ \text{please}\ \text{fill}\ \text{out}\ \text{the}$

Expression of Interest Form



Reminder to all Parents and Coaches that all wrestlers need to be registered with Sask Wrestling. If an athlete is on the mat for practices they need to be registered with Sask Wrestling before practices. Register your wrestler below.





If the office were to bring in MAT TAPE would your club be interested in being able to purchasing it through the office?

If you're interested in purchasing please contact Angela or Wendy at the office for more information.



Provincials 2024/2025

U9-U13 March 22th

♀ Swift Current

U15 - Masters March 15nd

♀ Saskatoon

Policy Updates

Updated: Officials Development
Program Policy



<u>Link to Officials Development</u>
<u>Policy</u>

Please send all sanctioning requests into the office, and wait for approval before any advertising. Forms in the link below.

https://forms.gle/4jEaB7x9YngZ3yrm7





JANAURY 20245



SASK WRESTLING

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Save the DATES

Saskatchewan Provincial **Championships 2025**



Host: Junior Huskies Saskatoon Saturday March 15



Host: Swift Current Wrestling Club Swift Current Saturday March 22





Any questions, please send an email to HP Assistant Coach, Vanessa Brown: vanessabrownj@gmail.com







Upcoming Events

*Jan. 25th - Swift Current

*Feb. 1st -Acsendants

*Feb. 8th - Moose Jaw **HS Tournament**

Event Results

- Weyburn Tournament Results Link
- Pupsel Tournament Results Link
- Kelly Dumont Memorial **Tournament Results Link**

Happy New Year, from all of us at Sask Wrestling.

Want to have something ADDED to the monthly news letter ?? Email Angela or Wendy to get it added.

Angela Cromarty Interim Executive Director (306) 381-5604 info@saskwrestling.ca

Wendy Marcotte Grassroots Technical Director WendyMarcotte@saskwrestling.ca (306) 314-3052

JANAURY 20245



SASK VRESTLING

Newsletter January 2024

Did you know?

Sask Wrestling has approved a new Safe Sport Policy to keep all our members, athletes, coaches and officials safe from harm, harassment and discrimination.

Safe Sport Policy

Sask Wrestling would like to welcome new wrestling clubs this season! ****

Keethanow WC

Stanley Mission: North District

Border Badgers

Lloydminister: Rivers West District



is February 2026

Host Society in Flying Dust First Nation and Meadow Lake

Time to get Ready~!

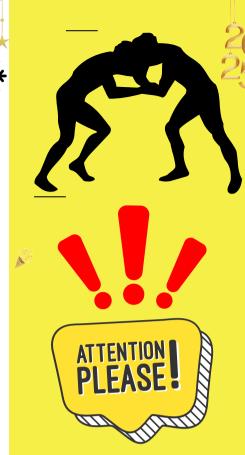
Eligiblilty: Athletes are 13 - 16 Years of Age

Year of Birth: 2010 - 2013

Number of Competitors per District: 6 Male and 6 Female

More information contact the Sask Wrestling office info@saskwrestling.ca





Coaches that have completed the OLD Pathway of Comp Intro:Part A and Part B and wish to get Coach Certified, please contact the Sask Wrestling office to let us know you wish to get this completed before Nationals 2025

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