

JANUARY 2025



SASK WRESTLING

Est. 1968

Newsletter

Happy New Year!!



NCCP Coach Training

Are you interested in becoming a Wrestling Coach?

We are excited to announce we will soon be hosting a **Technical and Tactical Coaching Course this year - Date to be determined**. We are hoping to have over 40 coaches take part in this course and we are working with WCL and our facilitators here in Sask to set up a date. In order to take the **Technical and Tactical Coaching Course** you need to first have these 3 prerequisite courses:

1. **NCCP Planning a Practise** - Jan. 13th @6pm - Jan. 14th @9pm
or Feb. 19th @6pm - Feb. 20th @6pm
2. **WCL Basic Mental skills** - Jan. 27th @ 5:30pm - 10pm
3. **WCL Teaching and Learning** - Feb. 11th @6pm Feb. 12th @8pm

We strongly suggest registering for these classes **ASAP** to ensure you can take the Technical and Tactical course. The **prerequisite courses** can be found on the NCCP Locker- If you do not have a Locker Number it is fee of charge to Register.

REGISTER HERE: [SaskCoachNccpTraining](#)

Other items you will need to be a SW Coach:
Criminal Background Check- Vulnerable Sector Check
Respect in Sport- Free [Click here](#)

If you are interested please fill out the [Expression of Interest Form](#)

Reminder to all Parents and Coaches that all wrestlers need to be registered with Sask Wrestling. If an athlete is on the mat for practices they need to be registered with Sask Wrestling before practices. Register your wrestler below.

[Registration Link](#)

If the office were to bring in MAT TAPE would your club be interested in being able to purchasing it through the office?

If you're interested in purchasing please contact Angela or Wendy at the office for more information.



Newsletter Highlights



Provincials 2024/2025

U9 -U13 March 22th

📍 Swift Current

U15 - Masters March 15nd

📍 Saskatoon

Policy Updates

Sask Wrestling Award Policy

[Award Policy](#)

Updated: Officials Development Program Policy

[Link to Officials Development Policy](#)

Please send all sanctioning requests into the office, and wait for approval before any advertising. Forms in the link below.

<https://forms.gle/4jEaB7x9YngZ3yrm7>



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Save the DATES

Saskatchewan Provincial Championships 2025

U15-Masters

Host: Junior Huskies
Saskatoon
Saturday March 15

Freshie-Pee wee

Host: Swift Current Wrestling Club
Swift Current
Saturday March 22

Sport Science & Medicine Workshops 24-25 season:

Feb 4th -7:30pm - Bruce Craven
Feb 11th- 7:30pm- Heather Hynes
Feb 18th - 8:00pm - Kyle McDonald

[Meeting Link](#)

Any questions, please send an email to
HP Assistant Coach, Vanessa Brown:
vanessabrownj@gmail.com



2025

Upcoming Events

- *Jan. 25th - Swift Current
- *Feb. 1st - Accendants
- *Feb. 8th - Moose Jaw HS Tournament

Event Results

- Weyburn Tournament Results [Link](#)
- Pupsel Tournament Results [Link](#)
- Kelly Dumont Memorial Tournament Results [Link](#)

Happy New Year, from all of us at Sask Wrestling.

Want to have something ADDED to the monthly news letter ??
Email Angela or Wendy to get it added.

Angela Cromarty
Interim Executive Director
(306) 381-5604
info@saskwrestling.ca

Wendy Marcotte
Grassroots Technical Director
WendyMarcotte@saskwrestling.ca
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Did you know?

Sask Wrestling has approved a new **Safe Sport Policy** to keep all our members, athletes, coaches and officials safe from harm, harassment and discrimination.



Safe Sport Policy

Sask Wrestling would like to welcome new wrestling clubs this season!

Keethanow WC

Stanley Mission: North District

Border Badgers

Lloydminster: Rivers West District



Saskatchewan Winter Games

is February 2026

Host Society in Flying Dust First Nation and Meadow Lake

Time to get Ready-!

Eligibility: Athletes are 13 - 16 Years of Age

Year of Birth: 2010 - 2013

Number of Competitors per District: 6 Male and 6 Female

More information contact the Sask Wrestling office
info@saskwrestling.ca



2025



Coaches that have **completed** the OLD Pathway of Comp Intro: Part A and Part B and wish to get Coach Certified, please contact the Sask Wrestling office to let us know you wish to get this completed before Nationals 2025

Want to have something **ADDED** to the monthly news letter ??
Email Angela or Wendy to get it added.

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