NOVEMBER 2024



Newsletter

Annual General Meeting

Date: Sunday November 24, 2024 at 10:30am via Zoom

Register as a Sask Wrestling 2024-25 member to attend. Not eligible to vote unless a registered delegate by a club.

Click here Membership Link for AGM

Nominations for Sask Wrestling Board of Directors

Join our great team to help promote and grow the sport of wrestling the province.

Deadline is November 17- See link for nomination form in



Try Wrestling Events in October a huge Success!

Three Sask Wrestling clubs hosted a Try Wrestling- Bring A Friend event this past month to introduce wrestling to new athletes from an initiative from WCL.

Prince Albert Wrestling Club
Weyburn Wrestling Club
Regina Wolverines Wrestling Club







Nominations for Sask Wrestling Board of Director

https://docs.google.com/forms/d/e/1 FAIpQLSc7Vx3Dwoke7EXiT0s218GHd KCZvnKIttpUXWEGZ_YsT0y11Q/viewf orm?usp=sf_link

Bid to Host Provincial Championships

https://forms.gle/4jEaB7x9YngZ3yrm7

Membership Assistance
Program 2024-2025
Applications

DEADLINE: DECEMBER Ist, 2024

See website: Documents for application

OCTOBER 2024



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NCCP Coach Training

Are you interested in becoming a Wrestling Coach?

We are hoping to schedule a full day session where instructors can teach both the classroom and on mat exercise in the same day. As there a number of perquisites that are required before anyone can take these courses this expression of interest form is necessary to find out if you have all that is needed to participate.

Only when enough people to fill a classroom have expressed interest will a date be selected.

The list of required courses are:

WCL Basic Mental skills NCCP Planning a practise WCL Teaching and learning

These courses can be found on the NCCP Locker-If you do not have a Locker Number it is fee of charge to Register

Other items you will need to be a SW Coach:
Criminal BackGround Check- Vulnerable Sector Check
Respect in Sport- Free <u>Click here</u>

if you are interested please fill out the <u>Expression of Interest Form</u>

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Upcoming Events

November

Hound Hustkie Tournament
November 30th

December

Weyburn Barber Motors
Classic
Dec 7th

41st Annual PUPSEL
Wrestling Tournament
Dec 15th

Want to have something ADDED to the monthly news letter ?? Email Angela or Wendy to get it added.

Angela Cromarty
Interim Executive Director
(306) 381-5604
info@saskwrestling.ca

Wendy Marcotte
Grassroots Technical Director
WendyMarcotte@saskwrestling.ca
(306) 314-3052

OCTOBER 2024



Talent ID Camp

Canada Summer Games ID camp.

Nov 30th

Times 10 - 12 and 1-3

1st session will have more of a technical portion on identified focus areas from the hound classic. 2nd session will be "practice to performance" situational scrimmage based on the first session.

Location: University of Saskatchewan Education building in the Huskie wrestling room.

Cost is \$10 Payment information is on the hound document.

Parking S an F lot Contact Vanessa Brown vanessabrownj@gmail.com or Rob Nelson <u>RobNelson28@gmail.com</u>f or more information

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